

# Gluten Free

## M E N U

### ●●● APPETIZERS ●●●

Seared Steak Bites 5oz Steak, Mango Salsa, Herb Melody.	18.5
Warm Spinach & Artichoke Dip 3 Cheese Blend, Multi grain Gluten Free Bread	19
Give Me Wings (1 Pound) Served With Buttermilk Ranch, Carrot, Celery	20
Truffle Parmesan Fries Tossed In Truffle Oil, Parmesan, Parsley, Served With Truffle Aioli.	12.5

### ●●● POUTINE ●●●

Old Skool Poutine Crispy Fries, Cheese Curds, Gravy.	16
Pulled Pork Poutine Bbq Pulled Pork, Creamy Slaw, Burger Sauce.	22
Cheese Burger Poutine Ground beef, Onions, Tomato, Pickles, Burger Sauce.	22

### ●●● BOWL ●●●

BFF Beef Pho Rice Noodles, Beef Pho Soup, Carrot, Thinly Sliced Ribeye Steak, Cilantro, Mint, Bean Sprouts, Green Onion, Lime, Sriracha Sauce.	26
Burrito Bowl Rice, Lettuce, Corns, Beans, Red Onions, Avocado, Sour Cream, Pico, Jalapeno Lime Sauce. Choose from: Blackened Chicken   Ground Beef   Shrimp	26

### ●●● MAINS ●●●

Grilled Salmon Herbed Rice, Grilled Veggies, Herbed Cream Sauce, Lemon.	30
BBQ Back Ribs Garlic Fries, Creamy Coleslaw, Garlic Aioli.	30
Blackend Chicken & Ribs(Half) Mashed Potato, Grilled Veggies, Gravy.	35
Lamb Shank Slow Braised Lamb Shank, Red Wine Sauce, Mashed Potato, Grilled Veggies, Herb Melody	45

### ●●● STEAK ●●● (Add Grilled Chicken / Shrimp 8)

Steak Dinner Mashed Potato, Grilled Veg. Choose From: Peppercorn Sauce   Mushroom Sauce	
5 oz Sirloin 30   7 oz Sirloin 37   8 oz New York 45	
Steak & Fries Garlic Fries, Garlic Aioli, Gluten Free Bread	
5oz Sirloin 25   7 oz Sirloin 31   8 oz New York 38	